



Arlene's April 2024 K-8 Lunch Menu

1	2	3	4	5
8	9 Taco Tuesday (1oz) 1 WG Nacho Chips (1wg) 18 Refried Beans (3/4l) 36 Cheddar Cheese (1oz) 0 Melon (1/2c) 18 Choc/White Milk (1c) 19/13	10 WG Chicken Nuggets - 5 (2m, 1wg) 13 Graham Pack (.5wg) 11 Baked Fries (3/4l) 33 Ketchup 3 BBQ Sauce 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	11 Sloppy Joe & WG Bun (2m, 1.75wg, 1/8r) WG 32 Celery Sticks (3/4o) 7 WG Sport Crackers 19 Orange (1/2c) 27 Choc/White Milk (1c) 19/13	12 WG Pizza Sticks - 2 & Marinara (2m, 2wg, 1/8r) 32 Broccoli (3/4g) 5 Apple (1c) 18 Choc/White Milk (1c) 19/13
15 Hamburger Patty & WG Bun (2m, 1.75wg) 27 Baked Beans (3/4l) 44 Ketchup 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	16 Meatballs -6, Mashed Potatoes & Gravy (2m,3/4s) 35 Dinner Roll (1wg) 30 Melon (1/2c) 18 Choc/White Milk (1c) 19/13	17 WG Chicken Patty & WG Bun (2m,2.75wg) 38 BBQ Sauce 5 Celery Sticks (3/4o) 7 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	18 Spaghetti & Meatballs – 6 (2m, 1/4r) 24 Roll (1wg) 35 WG Pasta (1/4wg) 1 Carrot Sticks (1/2r) 0 Pineapple (1/2c) 11 Choc/White Milk (1c) 19/13	19 WG Chicken Tenders -3 & Waffles -2 (2m, 3wg) 43 Broccoli (3/4g) 5 Syrup Cup 29 Banana(1/2c) 18 Choc/White Milk (1c) 19/13
22 Corndog (2m, 2wg) 30 Green Beans (3/4o) 5 Cheez-Its (1wg) 14 Ketchup 3 Apple(1/2c) 25 Choc/White Milk (1c) 19/13	23 Taco Tuesday (1oz) 1 WG Nacho Chips (1wg) 18 Refried Beans (3/4l) 36 Cheddar Cheese (1oz) 0 Melon (1/2c) 18 Choc/White Milk (1c) 19/13	24 Meatball – 6 - Sub (2m, 1/4r, 1.5wg) 24 Carrot Sticks (1/2r) 0 Bear Cracker 21 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	25 WG Chicken Patty & WG Bun (2m,2.75wg) 38 BBQ Sauce 5 Corn (3/4s) 21 Orange (1/2c) 11 Choc/White Milk (1c) 19/13	26 WG Pizza Sticks - 2 & Marinara (2m, 2wg, 1/8r) 32 Broccoli (3/4g) 5 Slushie (1c) Choc/White Milk (1c) 19/13
29 Beef Hot Dog & WG Bun 22 (2m,1.5wg) Ketchup 3 Baked Fries (3/4l) 33 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	30 Hamburger Patty & WG Bun (2m, 1.75wg) 27 Baked Beans (3/4l) 44 Ketchup 3 Melon (1/2c) 18/25 Choc/White Milk (1c) 19/13	<i>Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily. Salad entrée option every day, served with juice and milk</i>	<i>Sides - Fruits and Vegetables listed by group and measured in cups. . Chef, Taco, and Southwestern Salad Option every day.</i>	

NO PORK or PEANUTS SERVED AT ANY TIME MENU SUBJECT TO CHANGE

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